


6. ERPR - HER2 - (adjuvant chemotherapy)v. 9-17-19

Pre-surgical Care

Consults

- Medical oncology
- Surgical oncology
- Radiation oncology
- Plastic surgery
- General medicine
- Chronic disease management
- Fertility preservation
https://www.nccn.org/professionals/physician_gls/pdf/breast.pdf (pg.38)
- GYN/birth control
https://www.nccn.org/professionals/physician_gls/pdf/breast.pdf (pg.38)
- Dental consult
- PT (evaluation & lymphedema teaching)
https://www.nccn.org/professionals/physician_gls/pdf/survivorship.pdf (pg. 75)
- Line placement
- Smoking cessation (early if plastic reconstruction candidate)
https://www.nccn.org/professionals/physician_gls/pdf/smoking.pdf
- Genetics
- Distress screen
- Hair loss prevention (particularly if receiving non-anthracycline chemotherapy)
- Financial counseling/Insurance prior authorization
- Social work
- Research

Tests/Imaging

- MRI breasts
https://www.nccn.org/professionals/physician_gls/pdf/breast.pdf (pg.37)
 - U/S breast/axilla
 - Biopsy/clip placement
 - CT PET or CT chest/abdomen and bone scan (clinical stage IIB or III)
 - Cardiac ECHO or MUGA if necessary for doxorubicin
 - CBC w/differential
 - CMP, liver panel
 - Hep B testing
 - PT/INR
 - FSH/estradiol
 - B12
 - Pregnancy test (urine or serum)
 - Flu shot
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Definitive Breast Surgery

- Axillary surgery, sentinel LN mapping and biopsy or targeted I-125 seed localized lumpectomy (TAD) or formal axillary dissection
- Lumpectomy w/needle localization or seed localization
- Line placement
- Post-op care and activity teaching
- Post-op PT evaluation and lymphedema teaching


Adjuvant TNBC Chemotherapy

- https://www.nccn.org/professionals/physician_gls/pdf/breast.pdf (pg.17)
- Dd AC-paclitaxel (preferred)
- Dd AC-paclitaxel carboplatin (for pts with BRCA pathologic mutation)
- Taxotere cyclophosphamide 6 cycles (preferred) or 4 cycles
- Clinical trial

Supportive Considerations

- Appointment Calendar (list all appointments)
- Medication Calendar (pre-meds with steroids and anti-nausea meds)
- Anti-emetics
https://www.nccn.org/professionals/physician_gls/pdf/antiemesis.pdf
- Bowel regimen for constipation
- Mucositis prevention
- Exercise for prevention of fatigue and neuropathy
https://www.nccn.org/professionals/physician_gls/pdf/fatigue.pdf
- Ranitidine or omeprazole

Radiation Oncology

- Baseline arm measurement
 - Pregnancy test
 - Breath hold teaching if left sided
 - CT planning
 - Toxicity management teaching
 - Radiation therapy start
 - Weekly physician visits
 - Post radiation therapy visit and teaching
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Survivorship

https://www.nccn.org/professionals/physician_gls/pdf/survivorship.pdf

- Treatment summary
- Weight control and alcohol counseling
- Exercise
- Psychology and support resources
- Sexual health
- Bone health
- Lymphedema
- Neuropathy
- Reconstruction
- Breast cancer screening and f/u schedule
- Communication with primary care physician